1 Danch

Shelby's alarm for school goes off early in the morning. It's a Monday morning and over the weekend she got to visit home and then leave her loved ones to head right back to school. She has two tests today and misses home.

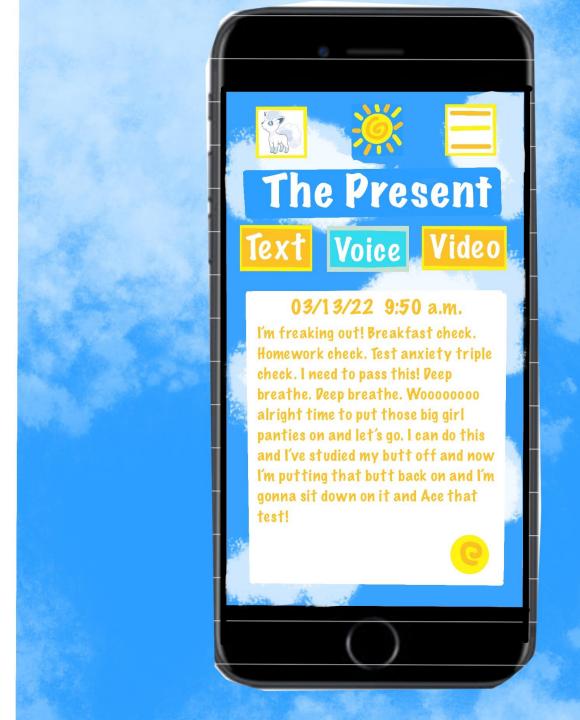
She receives a notification on her phone from the app called Soul Searching. The notification is a scheduled notification she set to get three times a day. One when she wakes up, Midday, and in the Evening after school. The notification is a positive affirmation and inspirational quote for a pick me up throughout the day. She looks at the notification and reads it.



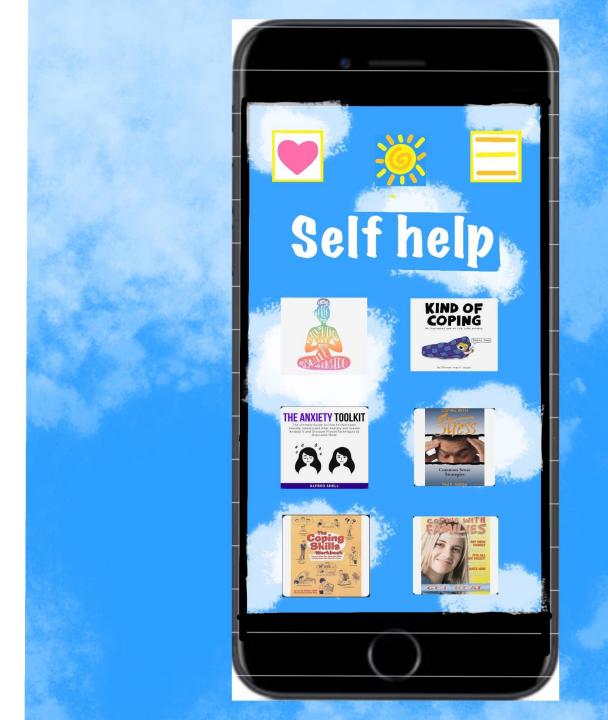
She's walking to class from her apartment on campus feeling anxious and nervous about those two tests today. She pulls out her phone clicks on Soul Searching.



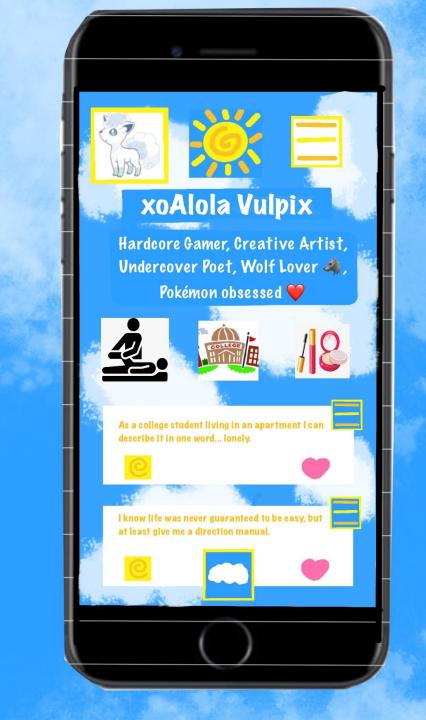
She texts some of her thoughts down in the journaling section of the app. She texts things down she just can't express outwardly and to control some of those racing thoughts overwhelming her. The app records the date and time of when the text was typed to keep track of how she feels throughout the day.



She's worn out and mentally exhausted. Stressed and hating life at that moment. She does one of her deep sighs again and remembers that there's meditations on Soul Searching she can lookup.



She takes a few deep breathes and decides it's getting late and she gets ready for bed. She goes through her bedtime routine and lays in her bed unable to sleep. She has so many thoughts and emotions running through her head and right now with everything she's going through she just feels so alone. Alone in her struggles. She picks up her phone and clicks on Soul Searching but instead of going to her private journal she goes to what is similar to a social media, but for entirely different purposes. People have their own profile and they post stories or things they're going through in their life currently.



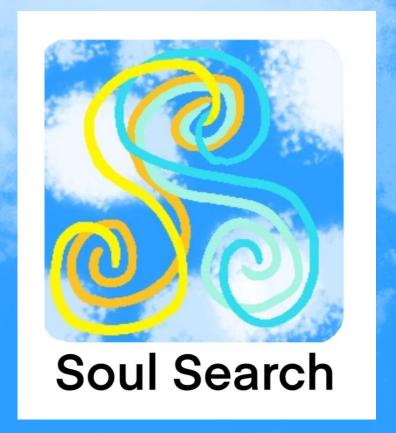
She puts her phone away and goes to sleep finding some form of peace.

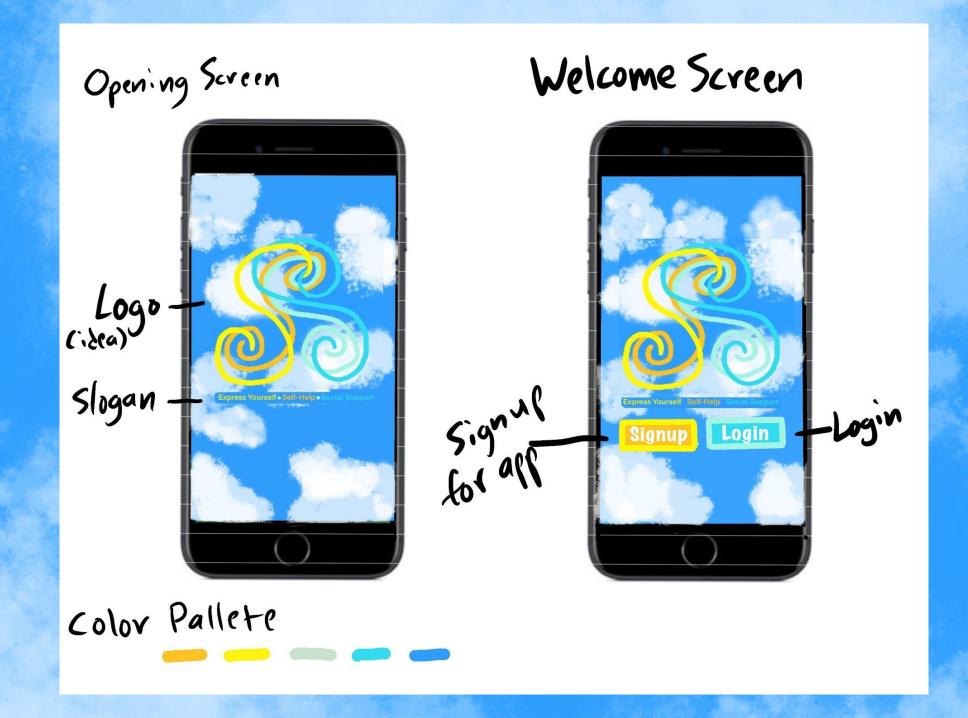


Logo



App Icon





Login Screen Home Screen -Selfings Profile pic -My Journal Username Socialize Enter Username Help Myself **Password** Enter Password Positivity Forgot Password? Forgot Username?





